



U.A. LOCAL 140

April 5, 2010

Union Meetings

- April 20, 2010 E
-Board 6 PM
Union Meeting 7 PM
- May 18, 2010
E-Board 6 PM
Union Meeting 7 PM
- June 15, 2010 E
-Board 6 PM
Union Meeting 7 PM

Important Dates

- April 22, 2010
Earth Day
- May 9, 2010
Mothers Day
- May 30, 2010
Memorial Day
Contractual Holiday is
May 31 (if you work the
31st it will be double time)
- June 14, 2010
Flag Day
- June 20, 2010
Fathers Day
- June 21, 2010
Summer Begins
- June 26, 2010
Local 140's Charity
Golf Tournament
Meadowbrook Golf
Course

Office Extensions

- Larry Facer
Ext. 11 Business Manager
- Kreg Crofts
Ext. 16 Business Agent
- Kelly Thorpe
Ext. 10 Office Manager
- Jasie Wright
Ext. 15 Dues Processing
- Nicole Lee
Ext. 14 Member Maintenance
- Mark Nelson
Ext. 18 Lead Organizer
- John Ryan
Ext. 17 Organizer

A Note from the Business Manager

Local 140 has been very fortunate over the last several years on the abundance of work the members have had the opportunity to work on.

Work is still very good, and for the most part we all go to work every day, show up on time, do our jobs and go home on time. We adhere to the Standard of Excellence and work in a neat and professional manner. I thank you all for being good union members.

I want to emphasize the importance of manning all of our work that the contractors have and will bid in the future. We do not want the contractors to stop bidding because we are not willing to man the jobs that they secure for us.

Just remember Local 140's members are highly skilled. We need our contractors and the end users to want us back on their next projects.

Again thank you for being professional. Let's all have another great year.

- Larry Facer

Utah AFL-CIO 2010 Candidate Endorsements

The Utah AFL-CIO endorsement committee receives requests, conducts interviews and reviews labor issue voting records before an endorsement or financial assistance is offered to a candidate. This committee is comprised of members representing a variety of unions and political backgrounds. Endorsements from this committee are not based on party affiliation, but rather, are given to candidates who are supportive of the legislative platform of the Utah AFL-CIO and the needs of working families in Utah.

Peter Corroon - Governor - Democrat

Ben McAdams - Utah Senator District 2 - Democrat

Cal Noyce - Salt Lake County Council District 1 - Democrat

Chad Reyes - Utah House of Representatives District 52 - Independent

Sim Gill - Salt Lake County District Attorney - Democrat

For additional information and endorsement updates go to www.utahaflcio.org/index.cfm?zone=/unionactive/election_list.cfm

Election information can be found by visiting <http://www.elections.utah.gov/>

The websites allows you to view the 2010 candidate list, find information on your polling place, and view a sample ballot.

You can also obtain a registration forms and absentee ballot application forms.

Please look at the real issues before you vote and remember you have a voice, let it be heard.



In honor of members passed away
January - March 2010
Kenneth R. Brown
Roger M. Butler

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Death assessments are payable before dues. Before sending in dues call the hall to verify if you owe death assessments.

During January's Special Order of Business the body voted to reduce non-working Journeyman dues to \$45 a month effective February 2010.

If you are out of work please make sure your dues have been reduced.

If you work one or more hours a month you do not qualify for non-working dues.

We no longer mail dues stickers for the back of your member card. If you are not able to bring your card into the hall please send your member card in with your payment, we will stamp the back of the card and mail it back.

The new Apprenticeship School is expected to open in late August!!



“What does labor want? We want more schoolhouses and less jails; more books and less arsenals; more learning and less vice; more leisure and less greed; more justice and less revenge; in face, more of the opportunities to cultivate our better natures,”

- Samuel Compers, President of the AFL, 1886-1924

Health & Welfare

For a list of participating doctors log on to wiseprovider.net or contact Utah Pipe Trades Health and Welfare office 801-908-5781.

Depending on the first letter of your last name ask for the following:

Barbara A-M

Caroline N-Z.

You can check your pension work history, claim information, download claim forms, and request ID cards by logging onto utpipe.compusysut.com.

Five Amazing Allergy Facts

1. Sensitive to pollen? Wash your hair before bedtime. You will remove any pollen and keep it from settling on pillow and bedding.
2. The best time to take an antihistamine, which helps block allergic reactions is before symptoms start. Some allergy medications can cause sleepiness. Never take on when safety requires you to be alert. Ask your health care provider about antihistamines that cause less drowsiness.
3. Dust Mites love to nest in are rugs and make you sneeze and itch. If you're allergic Australian researchers offer a simple solution; Place area rugs outdoors in direct sunlight for a few hours until they become warm and dry. This way the mites dry up and die.
4. Moving to another location is no guarantee of allergy relief. People usually develop allergies to their new region's pollens and molds within a few years.
5. As many as 20% of Americans believe they have a food allergy, but true food allergies are actually rare. What most people consider food allergies are usually signs of digestive problems, food poisoning or stress.

DID YOU KNOW....

- * A cup of coffee-flavored yogurt can contain about as much caffeine as a 13-ounce can of cola
- * Man are 20% more likely to sneeze in a dusty room.
- * Dandruff is not caused by dry scalp. It's more common with oily scalps

Thank you to everyone who participated in the **St. Patrick's Day Parade**. We look forward to seeing all of Local 140's members and families next year.